



# Susquenago SeaChest



Monthly Publication



April 2026

Volume 71 Issue 4

District 6

## Susquenago Happenings

15 April Susquenago Meeting - Pot Luck Fetch Dinner, Town of Binghamton Fire Station  
BYOB and a dish to pass. **Contact Lt/C Linda Rought, P for details @ 607-760-6388.**

17-19 April – D6 Spring Conference – Holiday Inn Downtown Binghamton

20 May Susquenago Meeting—Chef Stanley's 7664-434 Apalachin, NY 13732 (5:30 pm)  
17 June—Susquenago Picnic—TBA

**Contact Lt/C Linda Rought, P @ 607-760-6388**

## Did You Know?



Before Amazon delivered everything, Sears shipped entire cars in crates. The 1910 Model P Motorbuggy. Ordered by mail. Assembled at home. \$370 for a four-passenger vehicle. It flopped by 1912.



P/D/Lt/C John Young, AP  
Editor Emeritus

In 1910, you could order an entire car from a catalog. It arrived in wooden crates at your local rail depot. Assembly required.



# SeaChest

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## Commander's Comments

Due to me being out of town, it was decided that our 18 March meeting would be via Zoom. Thanks to all who attended. It was great to "see" you! At the meeting, we discussed plans for future meetings and fundraising events...Burger King, Boscov's Friends Helping Friends and Barnes and Noble. We were excited to hear that we have 3 new members. Welcome aboard Janice Strnatka and KarenBeth & Jeffrey Bohan!

At our 15 April "Fetch Supper" aka potluck we will have a guest speaker who will be enlightening us on living on an island in the 1000 Islands. Get your reservations in to Linda with what you will bring ASAP. In May we will return to one of our favorite places...Chef Stanley's. If anyone has an idea for our June picnic, please contact Linda or me.

So as we are having warmer weather and getting our boats ready....



Always remember... *"Home is Where the Anchor Drops"*



*Commander Mary*



## REIMAGINING THE REST OF YOUR LIFE

Road Scholar will present a free program that may be of interest to you.

### *What if the next chapter is your most interesting one yet?*

In this uplifting conversation, Emmy-winning journalist and bestselling author Jane Pauley invites you to see reinvention not as a risk, but as an opportunity. Jane explores curiosity as a lifelong practice, sharing stories from decades of conversations with remarkable people and the “learning adventures” that changed how she sees the world.

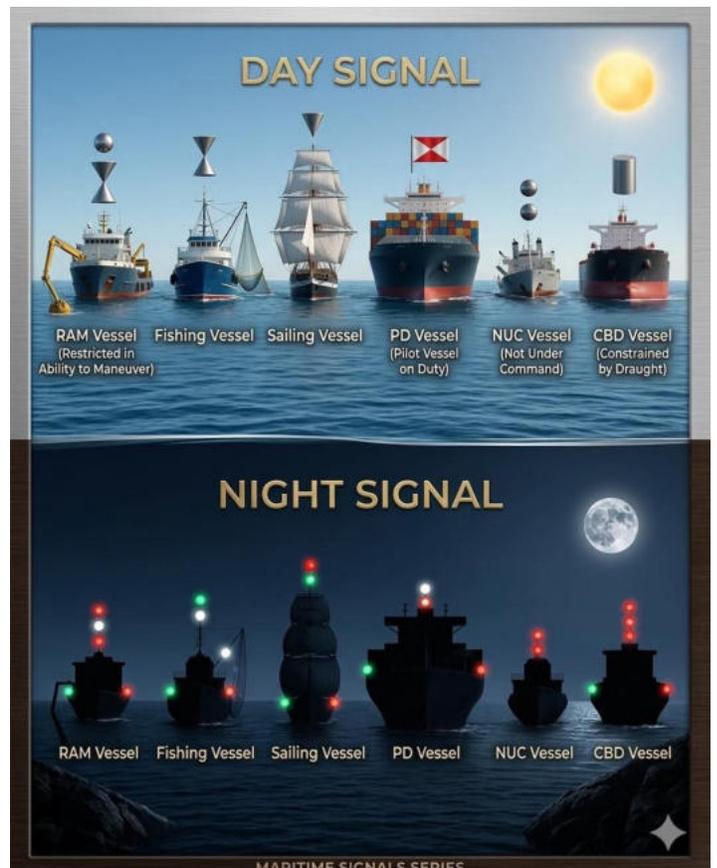
This one hour event takes place on Tuesday, April 7, 2026, at 2 PM,

You will need to set up an account with Road Scholar in order to view this lecture.

Go to [Roadscholar.org](https://Roadscholar.org) and choose your user name and password. Once you’ve set up your account, sign in and look for your Online Lecture and Zoom links in “My Account.” Then log on to see the live event, or watch the recording within two weeks.

NOTE: You must register on or before April 6 for this event. Registration cannot be accepted on April 7. If you have any questions or need help setting up your account, please call Nancy Bieber at 518-813-7888.

Submitted by P/D/C Nancy Bieber, P  
Membership Involvement Officer



# Did You Know?



**BBC news once convinced thousands of viewers spaghetti grew on trees. A 1957 April Fools' prank showed farmers harvesting pasta. When viewers asked how to grow their own, the BBC told them to plant a sprig in tomato sauce.**

## History Book

In 1957, one of the most respected news shows in Britain told its audience that spaghetti grew on trees.

On April Fools' Day, the BBC program Panorama aired a three-minute segment showing a family in Switzerland harvesting pasta from their "spaghetti trees."

The segment was narrated by the highly trusted broadcaster Richard Dimbleby, which made it seem entirely believable to many viewers.

He explained that thanks to a mild winter and the disappearance of the "spaghetti weevil," farmers were enjoying a particularly good harvest.

The footage showed women carefully picking strands of spaghetti from tree branches and laying them in the sun to dry.

After the program aired, hundreds of viewers called the BBC.

They were not calling to complain about the joke. They were calling to ask how they could grow their own spaghetti trees.

The BBC staff reportedly told callers to "place a sprig of spaghetti in a tin of tomato sauce and hope for the best."

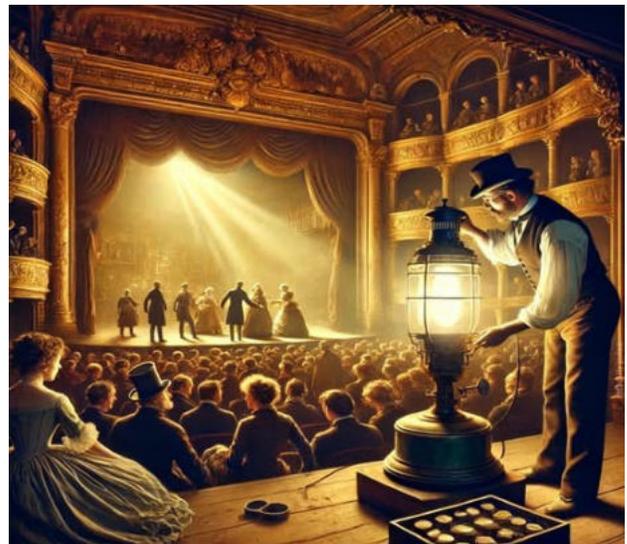
This prank is still talked about as one of the greatest hoaxes of all time, perfectly executed in an era when television news was taken as absolute fact.

Sources: BBC Archives

## Scientist facts

Before the advent of electric lighting, theaters used heated calcium oxide (quicklime) to illuminate their stages.

Quicklime, when heated to a high temperature, emits a brilliant white light. This was achieved by placing quicklime in a special lamp known as a "limelight," which was often fueled by burning oxyhydrogen gas (a mixture of oxygen and hydrogen). The intense light produced by the heated quicklime was used to spotlight actors and performers, making it one of the most effective ways to illuminate the stage before the widespread use of electric lighting.



**Before electricity, theaters would use heated calcium oxide (commonly known as quicklime), to illuminate their stages. This is where the phrase "in the limelight" comes from.**

Follow us for more

# Taste of Home Libation of the Month—The Paloma



## Paloma

BY [Ceara Milligan](#)

RECIPE BY Ian Cliffe, Milwaukee, Wisconsin

TESTED BY [Taste of Home Test Kitchen](#)

Ceara “Kiwi” Milligan is a professional marketing strategist and copywriter who is proud to call Milwaukee home. She loves baking, cooking, writing, listening to music, dancing, playing and hosting trivia, watching college basketball (Go Marquette!), telling lame jokes, and petting every dog that crosses her path.

The paloma is a popular Mexican cocktail starring smooth tequila and sweet-tart grapefruit soda. This simple recipe makes a citrusy cocktail that is perfectly refreshing. ¡Salud! When you think of Mexican cocktails, you likely envision classic [lime margaritas](#). However, the paloma, which is Spanish for *dove*, might be even more popular than the margarita in Mexico.

Made with tequila, grapefruit soda and lime juice, our paloma recipe boasts a sweet and zesty flavor with a smooth finish. Best of all—it’s a snap to make.

### Directions

#### Step 1: Salt the rim

Gently moisten the rim of a lowball or rocks glass with water or fresh lime juice. Pour a bit of the sea salt onto a flat, clean surface (such as a plate or cutting board). Dip the glass into the salt lip-side-down to evenly coat the rim in salt—just the same as you’d do for a margarita.

#### Step 2: Shake up the drink

Add a few ice cubes to the glass. In a cocktail shaker, combine a dash of salt, the tequila and lime juice. Pour it into the glass, then slowly top with the grapefruit soda.

#### Step 3: Garnish

Garnish with a lime wedge and a light sprinkling of more salt, if desired.

### Paloma Tips

#### Where do you find grapefruit soda?

Two of the easiest grapefruit sodas to find are Fresca (the original flavor is grapefruit) and Jarritos, often found in the ethnic foods aisle. Other brands to try: Izze, Sanpellegrino, Ting and Whole Foods’ pink grapefruit.

#### What food goes well with a paloma?

Palomas pair well with most [authentic Mexican recipes](#). The drink will cut through the richness of meaty dishes like chili verde, barbacoa and flautas. Palomas are also terrific with [homemade chips](#) and [guacamole](#).

### Ingredients

- Ice cubes
  - Dash salt
  - 1-1/2 ounces tequila
  - 1/2 ounce lime juice
  - 1/2 cup grapefruit soda or sparkling peach citrus soda
- Lime wedge

**Directions** In a highball glass filled with ice, combine salt, tequila and lime juice. Top with soda. Garnish with lime.



# Recipe Haven Dessert of the Month—Pistachio Cream Puffs



Pistachio Cream Puffs – Light, Creamy & Elegant Dessert!

These Pistachio Cream Puffs are soft, airy, and filled with rich pistachio cream. A perfect dessert for parties, holidays, or when you want something fancy and delicious!

Ingredients:

For the cream puffs:

- 1 cup water
- 1/2 cup butter
- 1 cup all-purpose flour
- 4 eggs
- 1/4 tsp salt

For the pistachio cream:

- 1 cup heavy cream
- 1/2 cup pistachio pudding mix
- 1/4 cup powdered sugar
- 1/2 tsp vanilla extract
- 1/4 cup crushed pistachios

For topping:

- Powdered sugar
- Melted white chocolate (optional)

Instructions:

Preheat oven to 400°F (200°C).

In a pan, heat water, butter, and salt until boiling.

Add flour and stir quickly until dough forms.

Remove from heat and let cool slightly.



From:

by land or by sea

Cuisine of the United States Power Squadrons

## Yummy Boaters Tiramisu

- |  |                                       |
|--|---------------------------------------|
| 1 cup part-skim milk ricotta cheese                    | 24 ladyfingers (two 3-ounce packages) |
| 2 (3-ounce) packages Neufchâtel cream cheese, softened | 1/2 cup Kahlúa, divided               |
| 1/2 cup sugar  | 1 tablespoon unsweetened cocoa        |

Combine ricotta cheese, cream cheese and sugar in a food processor. Process until smooth. Split ladyfingers in half lengthwise. Arrange 24 halves in a single layer in an 11 x 7 x 2-inch baking dish. Drizzle 1/4 cup Kahlúa. Let stand 5 minutes. Spread half of cheese mixture over ladyfingers. Repeat layers of ladyfingers, Kahlúa and cheese mixture. Sprinkle with cocoa.

**Yield: 10 servings**

Laura Erstad • Tampa Power Squadron • Florida

## Safety



March 12, 2026

## Be ready with boating checklists

Boating checklists aren't just for fitting out. Used for both routine and emergency activities, they can ensure the safety and comfort of both you and your crew.

Prepare for emergency and routine situations by preparing and using checklists unique to your boat to ensure that equipment is ready, to brief crew and to drill for possible emergencies.

### Emergency checklists

Think about the different emergencies that could occur on your boat and how you would respond. Keep the steps clear and simple. Include detailed information or sketches to reinforce critical items.

If you are incapacitated, someone will need to follow the checklist for you. So, discuss the list with crew members to ensure that you have addressed all possible actions and concerns.

**Emergency radio communications:** Prepare a mayday checklist as well as simple instructions on radio operation.

**Onboard fires:** Detail the locations where fires are likely to occur, diagram the placement of fire extinguishers, and provide instructions on fire extinguisher use and alternative escape routes.

**Taking on water:** Discuss the likely sources of flooding. Include a diagram of through-hull locations and their operation, a reminder to "taste before panicking," and the location of pumps and operating instructions.

**Crew overboard:** Include a list of what to do to rescue a victim and how to help yourself if you are the victim.

**Storm prep:** Prepare a list of tasks to do before the storm.

Continued next page

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**Abandon ship:** Provide brief instructions on donning PFDs, preparing and launching the life raft or dinghy, and locating the ditch bag. Provide a brief list of what else to grab if there's time.

## Nonemergency checklists

**Routine activities:** Create instructions for routine activities such as using the head or range.

**Location, location:** List the location of important items such as the first aid kit, life jackets and harnesses, flares, flashlights, and fire extinguishers, as well as switches and controls for critical equipment.

**Before shoving off:** Other lists include topics to cover in crew briefings and pre-departure maintenance and inventory checks needed before getting under way for day, overnight or extended trips. –*Brian Nelson*



## Check your trailer tires

If your boat is on a trailer, make sure the trailer tires are ready for boating season. They're often overlooked, and we rarely put enough mileage on a set of tires to make significant wear on the tread. However, that doesn't mean the tires don't have any wear. Sun, air and moisture deteriorate the cordage and rubber in the tires, making them unsafe for road use and causing catastrophic failure such as a blowout.

Tires come with a Department of Transportation number molded into the sidewall. This string of letters and numbers (starting with "DOT") ends with four numeric digits indicating the month and year of manufacture. For example, 4025 means the tire was made in the 40th week of 2025.

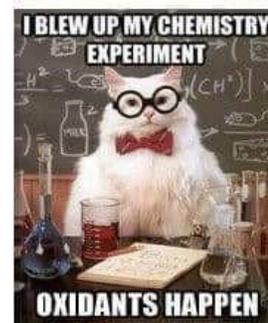
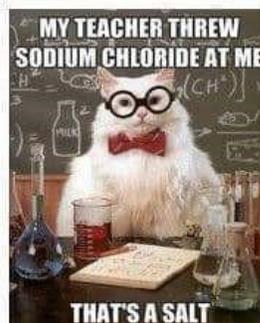
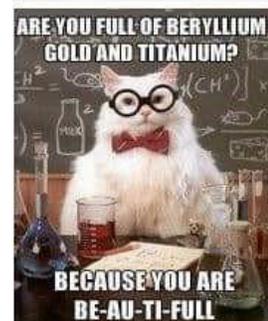
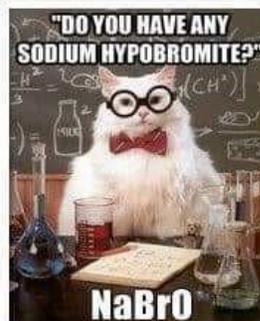
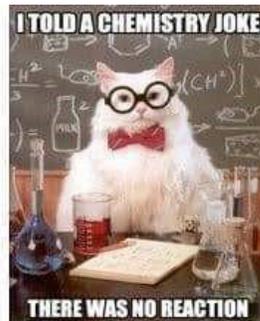
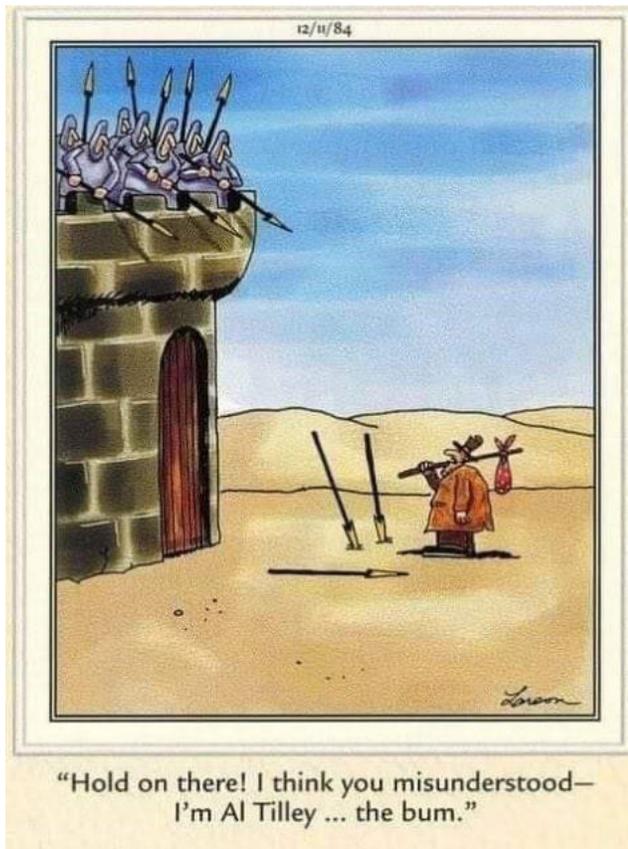
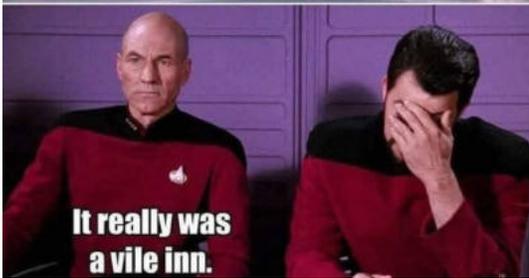
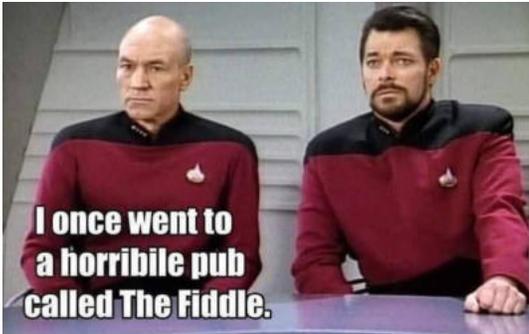
At what point does a trailer tire become dangerous? The life of a tire exposed to the elements is five years. If the tire has been covered, given load relief and protected from moisture, the maximum lifespan is 10 years.

Tires over six to 10 years old should be replaced. –*Michael Maszczenski Jr.*

# APRIL FOOL'S TOONS



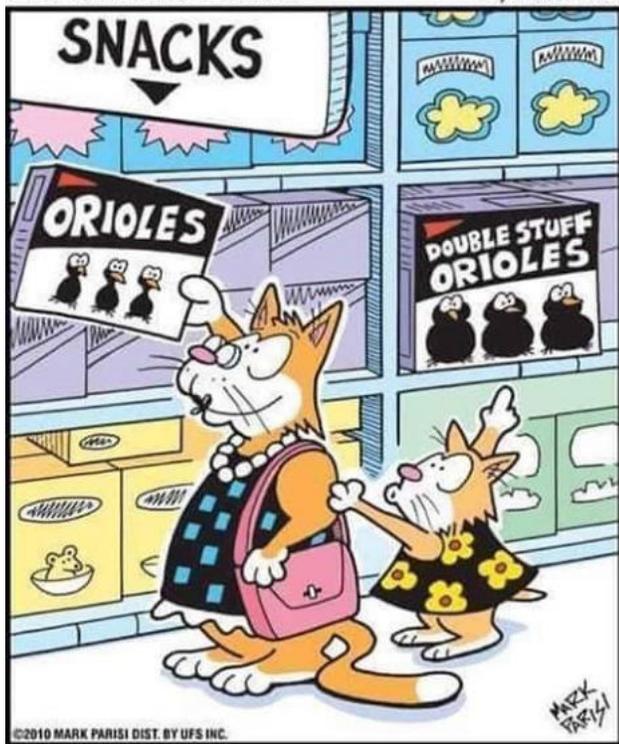
"The Tooth Fairy got you a boat? All I got was a dollar. What a rip off."





off the mark.com

by Mark Parisi

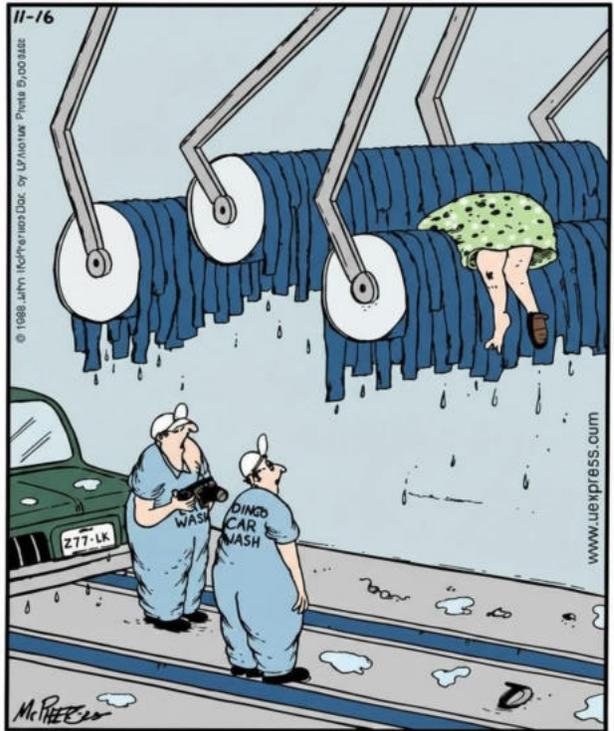


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MARK PARISI



"The digital medical records were hacked and mixed up, so we won't charge you for the C-section."



"Before we get you down, we need to take a few photos for insurance purposes, ma'am."

LX KE TOONZ

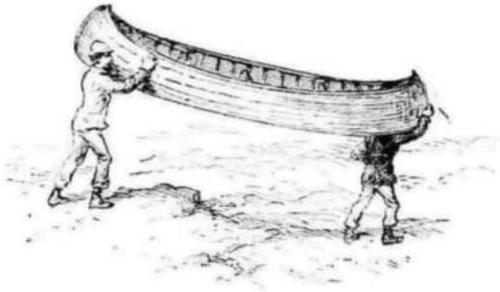


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"I've combined a laxative and alphabet soup. I call it 'Letter Rip'."

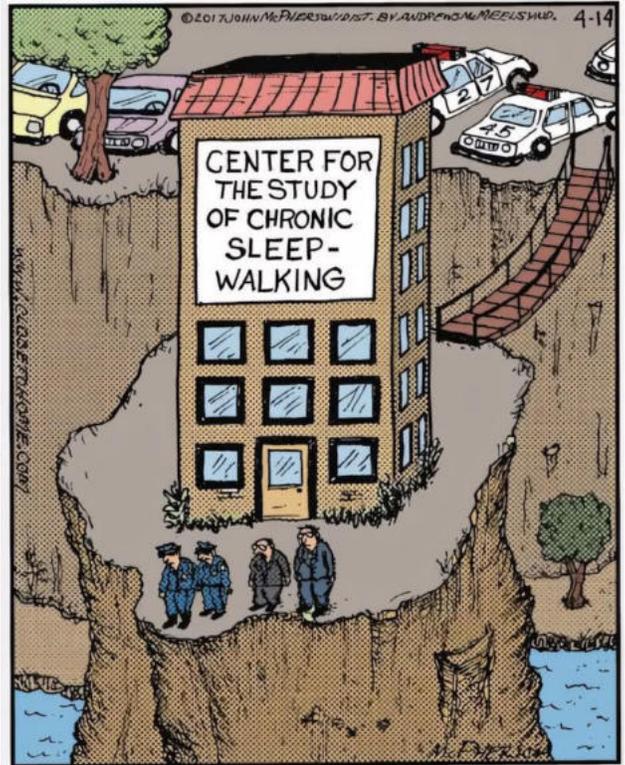
# Did You Know?



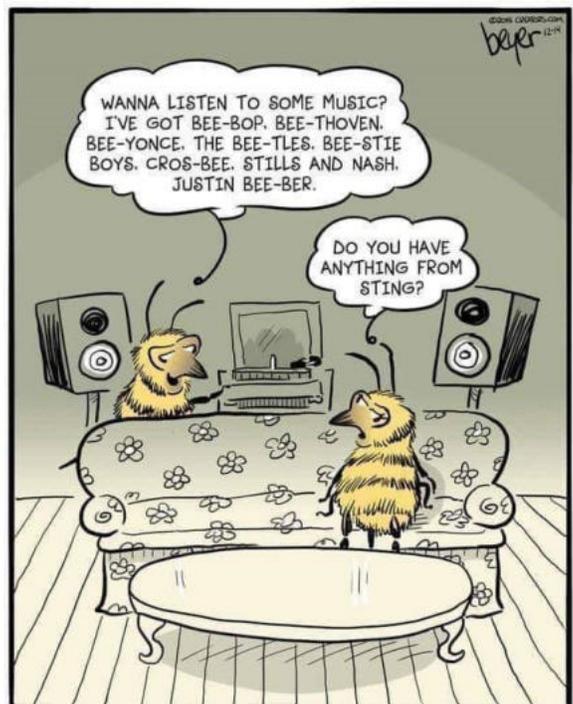
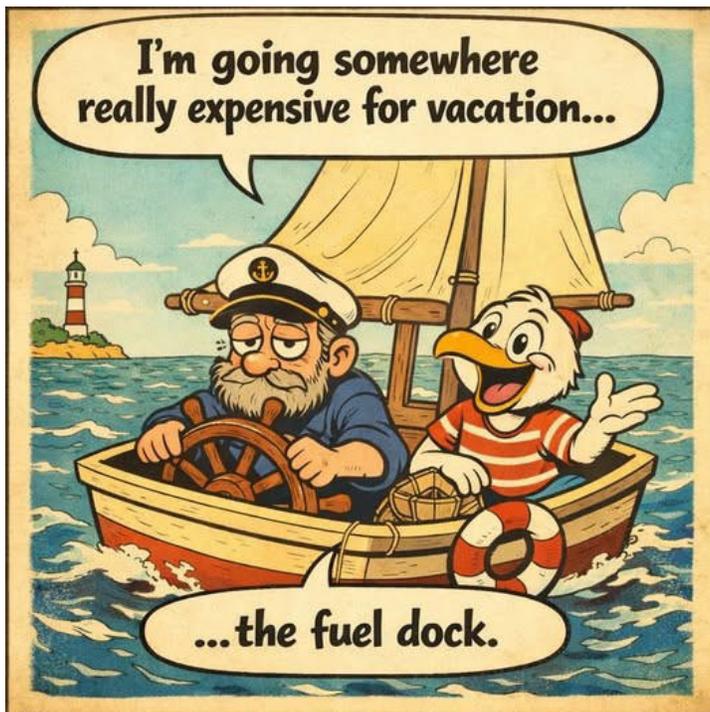
Before **water** was invented, people had to **carry** their boats around!



"First time shooting stars?"



"Well, yes, I will admit that after three tragedies like this, we are questioning the wisdom in building the center at this location."



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